

YOUR GESTURE CAN MAKE A DIFFERENCE!



PRESENTS ITS MISSION



THANK YOU FOR YOUR SUPPORT

www.cartons-du-coeur.swiss

WHO ARE WE?

We are an independent, non profit volunteer organization that has been running in Waadt region since 1993 (as well as throughout the entire "Suisse romande," the French-speaking area of Switzerland). Our organization assists people who are no longer able to provide for themselves.

WHAT IS OUR MAIN FUNCTION?

- We give a helping hand to people in need between 2 to 4 times a year by distributing staples of food, hygiene products and household cleaning products.
- We collect, buy products and stock them.
- We recruit volunteers to manage the stock, prepare boxes and carry out deliveries.
- We raise money and organize various events to raise awareness on our organization and support its mission.

WHAT ARE OUR NEEDS?

Tinned/ Canned items:

- Vegetables
- Tomatoes
- Fruit
- Ravioli
- Tuna
- Etc

And also

- UHT Milk
- Pasta
- Rice
- Flour

- Instant Soups
- Oil
- Vinegar
- Honey
- Jam/Jelly
- Muesli
- Breakfast Cereal/Cornflakes
- Coffee/Tea
- Cocoa
- Chocolate
- Biscuits/Cookies
- Laundry Detergent
- Household Cleaning Products
- Personal Hygiene Products
- Baby Care Products
- Diapers/Pampers

See the tab "donation
alimentaire" (food donation)
on our website :

www.cartons-du-coeur.swiss



HOW CAN YOU SUPPORT US?

- Become a volunteer for our association
- Donate food
- Organize a food drive in your company

WHO BENEFITS FROM OUR HELP?

- Unemployed people who have arrived at the end of their allotted unemployment benefits
- Single-parent families
- Elderly people
- Victims of excessive credit card debt
- Young people who are looking for their first jobs
- The "Working Poor" (those who earn too little to make ends meet)